

POST WEEKEND RESOURCE

BEGINNING TODAY

WEEKEND THEME: Married Singles

WEEKEND TALK: Marriage in the Modern World

PURPOSE: To look at where we are and where we're going as a couple, in light of our weekend experience.

We are reminded how the Romance of the weekend gradually faded into Disillusionment. We share some of the distractions that cause us to drift apart.

We look at where we are in our marriages and where we are headed. This is a time to look both backwards and forward in our relationship, to evaluate, to grow.

KEEP IN MIND: We don't want to appear negative -- all couples will be able to see areas of growth in their coupleness but most will also be able to spot areas where change or improvement is desirable. We are striving for a spirit of optimism here.

QUESTIONS TO HELP YOU WRITE THE TALK

1. What is it that makes us feel most united or coupled? HDIFAT?
2. What attitude of mine most divides us and makes us Married Singles? HDMAMMF?
3. Do I see our relationship changing? IN what direction? HDIFAT?
4. HDIFA Daily Dialogue and its place in our lives?
5. On a scale of 1-10, where have you been in my priorities lately? HDMAMMF?

I. OPENING PRAYER CIRCLE

Suggested Scripture: Phil. 2: 1-5
Play tape -- "Through the Years"

II. PRESENTATION

A. Where we are

1. Share how disillusionment crept into your marriage after the weekend. Briefly review some of the ways attitudes and activities intruded. (Use personal examples.) (3 min. each)

2. Each share a positive aspect of your marriage -- preferably one that grew out of the weekend experience. (3 min)
3. Each share a weakness in your marriage -- an attitude or activity that causes you to act as married singles. (3 min.)

B. Where we're going

1. Each share where you would like to see your marriage heading. What must you do to get it going in that direction and how do you feel about it? (2 min.)
2. Do you agree on common goals for your marriage? What are they and how do you plan to work toward them?
3. Review God's plan for marriage -- Unity. How successful have you been? Do you see yourselves growing toward that unity?

III. DIALOGUE QUESTION

What is the most important thing I can do to keep our coupleness growing? HDMAMMF?

IV. SHARING QUESTION

What opportunity to strengthen our coupleness did we accept or reject in the past week?

BEGINNING TODAY DIALOGUE QUESTIONS

Dear Spiral Member,

The following dialogue questions were selected to help you in preparing for our next Spiral meeting which will be held on _____ at _____.

You may want to select some or all of them for dialogue in the week before our Spiral.

1. What areas in our marriage are good? HDTMMF?
2. What areas in our marriage are poor? HDTMMF?
3. What is it that unites us or makes us feel most coupled? DFILD
4. How have I changed since our weekend? HDTMMF?
5. HDIFA asking for help from you?
6. HDIF knowing that I must change myself, not you, to allow our relationship to grow?